

Astor Connection



Character Trait of the Month/November & December

Citizenship

Acting in a way that helps the school community succeed. Behaving in a positive and productive way.

News from the Eagle's Aerie

Hello Astor Families,

It's hard to believe that it is November and we have already completed one fourth of the school year. It's also time for parent-teacher conferences. Meeting with your child's teacher helps build partnerships, which are needed if you and the teacher are to reach your common goal: helping your child get the best education possible.

Be sure and talk to your child before the conference. Find out what they think are their best subjects and what they like the least. Find out why. Also, ask your child if there is anything they would like you to talk about with their teacher. Make sure your child doesn't worry about the meeting. Help them understand that you and their teacher are meeting together in order to help them.

Before you go to school, write a list of questions in advance. Consider these suggestions?

- What are some of the most important things my child should learn this year?
- How do they get along with their classmates when they work in a group?
- Does my child participate in class discussions and activities?
- What are my child's strengths?
- What can we do at home to help them do their best at school?

November

8th	Parent Teacher Conferences
9th	Parent Teacher Conferences
10th	No School - Veteran's Day Holiday
15th	Astor Shirt orders due
18th	PTSO Blazer Night - Moda Center
20th	Chinook Book orders due
21st	Grandparents & Special Friends Day
22nd	No School - Thanksgiving Holiday
23rd	No School - Thanksgiving Holiday
24th	No School - Thanksgiving Holiday

Modeling Good Citizenship

The character focus for November/December is citizenship. The following are helpful times for modeling good citizenship for your student:

- ◆ Be a good role model at all times. Children learn from what they witness.
- ◆ Model a clear sense of right and wrong by obeying laws and making thoughtful decisions.
- ◆ Show your children you care about people by modeling friendship with others, lend a hand to neighbors, or working with charities.
- ◆ Practice recycling at home. It demonstrates wise use of the earth's resources.

Thank you for your support of your children and for Astor. We appreciate Astor's great citizens!

Sandra Ndubisi
Assistant Principal

Counselor's Corner

At Astor, we believe that establishing a strong sense of community school-wide and in the classroom is a very important part of helping our students be successful at school. When students feel connected, respected, and understood by their peers, they are more likely to be engaged both socially and academically. In order to strengthen our middle school community, we have started community circles in each core classroom for all 7-8 grade students, with a plan for 6th grade soon to follow. These circles are based on restorative practices that serve to strengthen and repair relationships in a safe and inclusive environment. Our long term goal is to have circles taking place in all classrooms. Currently, many classrooms already have a regular circle practice. Ultimately, we want this format for sharing, solving problems, and addressing challenges to be a normal part of our school culture for all students and staff.

The following statement is read by students at the beginning of each 7-8 grade community circle:
The purpose of this circle is to create a safe and sacred space for our community to come together, share and build a stronger connection with each other. In this circle, we are all equal and deserving of respect.

If you have any questions or want to know more about community circles at Astor, please contact Mr. Knoblich at jknoblic@pps.net or 503-916-6244.

Thank you,

Mr. Knoblich

Astor School Counselor

Water Fountains Turned On!



Superintendent Guadalupe Guerrero visited Astor on October 25th to celebrate the newly replaced water fixtures in the first phase of completion. District officials and news crews were also on hand to witness Superintendent Guerrero and several Astor students taking their first sips from the water fountains.

Astor is fortunate to be the first school out of fifteen in the first group of schools to have fixtures replaced. Common area fountains (hallways, gym) are turned on and future phases of completion will include classroom and bathroom fixtures.

Students may continue to bring and fill up their water bottles in the hallway fountains.

To read the whole story and view video of the event, click [here](#).

Have you signed up for your Parent/Teacher Conference?

Conferences are on Wednesday, November 8th & Thursday, November 9th.

Call the office at (503) 916-6244 to schedule your conference time!

Mornings can be really crazy! The alarm doesn't go off, the kids don't want to get up, there's no time to eat breakfast before you need to leave or they're just not ready to eat. If this sounds like your house, we have good news for you!



Breakfast is available at school! Take advantage of this option to ensure your child eats a nutritious breakfast. Recent studies show a link between

nutrition and learning. A nutritious breakfast helps students be more alert so they can actively participate in class. Breakfast has vitamins and nutrients for a strong healthy body.

Breakfast at school is free for everyone, so take advantage of this opportunity to start the day on the right foot. Your child will find breakfast at school provides not only a nutritious meal but also a relaxed atmosphere for socializing with friends before the start of a busy day.

RESOURCE FAIR AT JAMES JOHN ELEMENTARY- ASTOR FAMILIES WELCOME!

RESOURCE FAIR

Wednesday, Nov. 8th – During Conferences!

Sign Up's for OHP ALL DAY

Appointments available and drop-in's welcome

10:00am-6:30pm

Assistance available in Spanish, English and Vietnamese.
For an appointment time, please call 503-577-6104.

Documents required for OHP Enrollment at the event:

- Names of household members
- ss#s or tins #
- dobs of every household member
- proof of address and ID, such as a driver's license
- info about any other medical insurance you may have
- paycheck stubs or proof of income for September, October and November

Also.....

- SEI – Parenting information and resources
- Information and resources about paying for college for yourself and your children
- Information about energy assistance and rent assistance
- Food bank information
- Legal/immigration resources

James John Elementary
7439 N. Charleston Ave.



FERIA DE RECURSOS

Miércoles 8 de noviembre - Durante las conferencias!

Regístrese para OHP durante todo el día
servicios disponibles con y sin citas

10:00am-6:30pm

Asistencia disponible en español, inglés y vietnamita.
Para una cita, por favor llame al 503-577-6104.

Requerido para la inscripción al OHP en el evento:

- Nombres de todos los miembros de la familia
- Número de Seguro Social o el Número de Tin
- Fechas de nacimiento de cada miembro de la casa
- comprobante de domicilio e identificación, como una licencia de conducir
- información sobre cualquier otro seguro médico que pueda tener
- recibos de sueldo o comprobante de ingresos de septiembre, octubre y noviembre

E también.....

- SEI - Información y recursos para padres
- Información y recursos sobre cómo pagar la universidad para usted y sus hijos
- Información del banco de alimentos y asistencia de alquiler
- Recursos legales / de inmigración

James John Elementary
7429 N. Charleston Ave.





Travel Surveys due November 10th

Travel surveys were mailed to K-8 families in late October. The results of the survey help PBOT learn how families are getting to/from school, what barriers families face, and how to make program improvements. The results also help us secure funding for projects like improved crossings, sidewalks, and bike safety for more schools. Be sure to fill out and return the Fall 2017 School Travel Survey before November 10th to be entered in a drawing for one of four \$50 gift cards.

You should have received a paper copy of the survey in the mail, [or feel free to go online and fill it out here.](#)

Thanks for helping us track transportation trends around our Portland schools!

One final chance to order Astor Gear!

If you would like to order Astor t-shirts, polo shirts or sweatshirts, we'll be making one final order this fall.

The deadline for orders is Monday, November 15th.

Order forms are available in the school office or you may click [here](#) to download the form. You may pay with cash, check made payable to Astor School or credit card in the office or online with SchoolPay (choose item "Astor Gear" if paying online).



Thank you for your purchase!

Chinook Book!

The deadline to purchase Chinook Books and/or apps is Monday, November 20th. Books, which include the app, are \$25. You may also purchase the app only for \$15. Books and apps are available for purchase in the school office.

Funds collected for this fundraiser will be used to send our fourth graders to Oregon Trail Overnight. Thank you for your support!



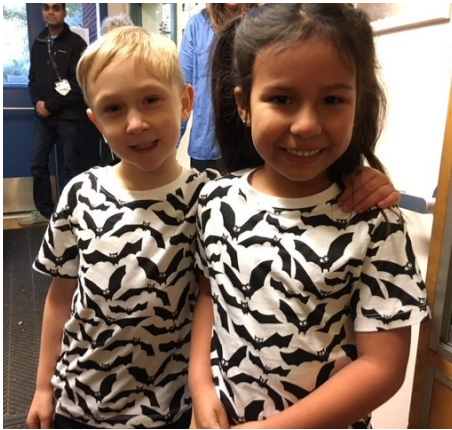
AROUND ASTOR



3rd Graders get messy with pumpkins!



Our 6th graders had fantastic weather for Outdoor School!



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Portland Public Schools recognizes the diversity and worth of all individuals and groups and their roles in society. It is the policy of the Portland Public School Board that there will be no discrimination or harassment of individuals or groups on the grounds of age, color, creed, disability, marital status, national origin, race, religion, sex or sexual orientation in any educational programs, activities or employment.

District Title VI & Title IX Contact: Carolyn M. Leonard, Compliance (503) 916-3183

District 504 Contact: Tammy Jackson, Student Services (503) 916-2000

American Disabilities Act Contact: HR Legal Counsel (503) 916-3246